

Worst Spring Fever EVER (pt 2/2)

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SUMMARY KEYWORDS

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SPEAKERS

Seth Perler

S Seth Perler 00:00

This is part two of the Worst Spring Break Ever, or the Worst Spring Fever Ever, because my video just stopped. I'm not going to re-record the entire video, so here's a part two. So not everything that matters is measured, and what do we want to measure or value? Okay, so that's what I really want to leave you parents and teachers with is this: slow down, stop, pull out a piece of paper, write down what's important to you, for your kid or your students. In a year, how important is that going to be? Hopefully, it's going to be important because the things that are not important now are not going to be important in a year. So a lot of times the things we're measuring in a year in five years, in 10 years are not going to be that important. In a year from now, so it's the end of March 2021, we're probably going to be into a new normal. But we probably will be back to a lot of normalcy. In five years, we certainly will be, and in 10, 15, 20 years, unless there's another pandemic, we certainly will be.

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So in a year, in five years, in 10 years, in 20 years, what do we want for these kids? What's the long game here? And what are we doing now? And what is that doing to that long game? So, what is important to us? Some of the things that are important to me for kids is their mental health, their physical health, how's their physical health going to be in a year? Five years? 10 years? 20 years? 30 years? How are their relationships in 20 and 30 years with family members with friendships? Do they have solid people in their life with

their spouses? If they have spouses with their kids, if they have kids? How's the quality of those? Are we planting seeds for that right now? How about their career? How about their finances? So right now, we get very concerned at the spring fever time with kids who are falling behind. And we want to get them caught up. I mean, that's great. We want to get them caught up, we want to have a good life. So we're inferring that getting caught up is going to help equate to these things. And in some ways it may, doors may be open or closed and blah, blah. But if you are a parent or teacher and you're trying to get a kid caught up, my question to you is this one question. This is what I want you to write down in that piece of paper too: At what cost? If you get them caught up in all their classes, you put all this pressure on them. What's the cost to your relationship with them? How they feel about you? How safe and secure they feel with you? What's the cost in terms of their motivation and buy-in for school? And their ownership for school? What's the cost in all sorts of, their physical health, their mental health in the future and things like that. At what cost are we getting them caught up if they're falling behind?

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Seth Perler 03:19

I'm not saying don't try. I'm certainly not saying don't try to get them caught up. I'm saying question what you're trying to get them caught up on, how you're trying to get them caught up, what you're trying to do to do that, what kind of pressure they're experiencing in getting caught up, and what's the cost of all that. Pick your battles. So spring fever is here, pick your battles wisely. Advocate fiercely, parents. Advocate fiercely, teachers. The system has not empowered you teachers to say, "Ugh, this is crazy." Go ahead and make the adaptations that your kids need, know the system still puts the pressure on you to cover your standards and your curriculum and your common core, and blah blah blah the same way. Does that make sense? Absolutely not. Connect with like-minded people, like-minded families, like-minded teachers and advocate. Anyhow, that's all I have for today. Go take some action today. Go make a list. Go connect with people. Go do some writing. Go connect with your kid, go laugh with your kid, go play with your kid, go have fun with your kid, go help them work on their life with them in whatever ways that means. I want to wish you joy, peace of mind, and connection today. My name is Seth Perler. If you haven't subscribed on YouTube or right here, subscribe, you can leave a comment. What do you think? What advice do you have for people about this? What are some of your thoughts around this? What do we need to know, what did I leave out here? Share it with us. Give it a thumbs up if you want, it helps the almighty algorithm. Sorry, I'm a bit tech burnt out. Oh, and go get into some nature today. Be well.