

What should you do over winter break?

THE PROBLEM: Many parents lecture, punish, reward, and do NOT take action that makes a real difference. So what should you do AFTER the semester ends?

Parents beware, THIS is important! You know how I talk about the DIP pattern? Well, the final phase of it is PARENTAL AMNESIA and it's a problem many people aren't even aware of. This problem happens right AFTER the semester ends, and parents make some common mistakes that I dissect here. I'll tell you exactly what to do to help your child during this amnesia time.

1. Connect with your child.
2. Print the grade DETAILS, print this PDF checklist
3. Pretalk about what exactly is coming in your heart to heart (when, where, duration, what you want to talk about)
4. Have the heart to heart
 - a. Notice what your child did right
 - b. Ask what they would do differently if they could turn back the clock
 - c. Ask how they might take action to apply that to the upcoming semester
 - d. Ask how you can be helpful
 - e. Ask what to do when they resist your help
 - f. See grade detail printout, discuss patterns
 - g. Ask what would help the patterns get 1% better
5. Later in the break, do overhauls

- a. Overhaul backpack and folders the day before school starts up
 - b. Overhaul planner
 - c. Make a helpful desk calendar
 - d. Overhaul the study space
 - e. Email teachers proactively to ask for success tips
6. Patiently and persistently take baby steps into the semester
 7. Do the SNO as I teach it

“Persistence can change failure into extraordinary achievement.”
—Matt Biondi

Ps - If you want to check out my online course, the group program closes **Monday, Dec 30, 8 pm**. Go to sethperler.com and search for UGYG, upgrade your grades