

Decluttering Guide

By Seth Perler, visit sethperler.com

Directions

1. Do one category at a time.
2. Go through **every single thing** in the category and ask yourself why you are keeping it??? If you still want it and you don't think it's clutter, keep it. Otherwise, consider letting it go.
3. If you choose to keep it, put it in it's "home." Otherwise, recycle it, give it to charity, throw it away, etc..
4. Remember, it's better to have one nice thing that you really like than 10 things that you don't. And it usually costs less in the long run anyhow.
5. Go in any order.

Here are the main declutter categories. Check each one off when you're done.

Done?	Category	Done?	Category
	Jackets		Books
	T-shirts		Toys
	Long sleeves		Papers
	Shorts		Hobbies (sports, art, etc.)
	Long pants		Electronics
	Shoes & socks		Other
	All other clothes		Other

Computer

Done?	Category	Done?	Category
	Emails		Bookmarks
	Unsubscribe from lists		Empty cache
	Documents		Delete software/apps
	Photos		Other